

Crown Christian School Lunch Menu - January 2012

ISD 15 NUTRITION SERVICES ELEMENTARY LUNCH MENU for CROWN CHRISTIAN SCHOOL

Student Lunch \$2.10/ Second Lunch \$3.30/ Adult Lunch \$3.30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p style="text-align: right;">2</p> <p style="text-align: right;">3</p> CHICKEN PATTY ☺ or RIBWICH on Whole Grain bun Oven Baked French Fries Baked Beans Fruit Milk Choice	<p style="text-align: right;">4</p> (1)FRENCH TOAST STICKS or (2)WAFFLES w/Syrup & Fruit Topping BREAKFAST MEAT, EGG Tri Tator Potato 100% Fruit Juice Cup Milk Choice	<p style="text-align: right;">5</p> (1)MEAT or (2)CHEESE PIZZA Lettuce Salad w/ Low Fat Ranch Dressing Fruit Jello w/Whip Topping Milk Choice	<p style="text-align: right;">6</p> TACO ‘N BAG Reduced Fat Dorito Chips Beef Taco Meat ☺, Cheese, Lettuce, Tomato, Salsa & Sour cream, Spanish Rice, Fruit Milk Choice
<p style="text-align: right;">9</p> (1)CORN DOG ☺ or (2)FISH STICKS Tater Tots Steamed Carrots Fruit Milk Choice	<p style="text-align: right;">10</p> (1)CHEESE OR (2)BEEF RAVIOLI School Baked Breadstick Lettuce Salad w/ Low Fat Ranch Dressing, Fruit Sliced Apples w/ Caramel Dip Milk Choice	<p style="text-align: right;">11</p> NACHOS Bulk Tortilla Chips, Beef Taco Meat ☺, Warm Cheese Sauce, Lettuce, Tomato, Sour Cream & Salsa Refried Beans Fruit Milk Choice	<p style="text-align: right;">12</p> CHICKEN NUGGETS ☺ Rice Green Beans Fruit, Whole Grain Tea Roll w/ Grape Jelly Milk Choice	<p style="text-align: right;">13</p> MINI BURGERS Broccoli Roasted Red Potatoes Featuring Minnesota Grown Potatoes “Farm to School” Fruit Milk Choice
<p>NO SCHOOL</p> <p>MLK DAY</p>	<p style="text-align: right;">16</p> <p style="text-align: right;">17</p> (1)FRENCH TOAST STICKS or (2)PANCAKES w/Syrup & Fruit Topping BREAKFAST MEAT, EGG Tri Tator Potato 100% Fruit Juice Cup Milk Choice	<p style="text-align: right;">18</p> TURKEY IN GRAVY over MASHED POTATOES Green Beans Fruit School Baked Petite Cinnamon Roll w/ Drizzled Icing Milk Choice	<p style="text-align: right;">19</p> (1)MEAT or (2)CHEESE PIZZA Broccoli w/ Cheese Sauce Fruit Yogurt w/Granola Crunchies Milk Choice	<p style="text-align: right;">20</p> BUILD YOUR OWN SANDWICH on (1)Whole Grain Bun or (2)Wrap w/Turkey, Ham, Cheese, Lettuce, Tomatoes, Onions, Pickle & Mayo Fruit, Baked Chip Milk Choice
<p style="text-align: right;">23</p> HOT DOG ☺ on Whole Grain Bun with CHILI & CHEESE Fresh Veggies w/ Low Fat Dip Fruit Milk Choice	<p style="text-align: right;">24</p> CHICKEN NUGGETS ☺ Pretzel w/ Cheese Sauce Lettuce Salad w/ Low Fat Ranch Dressing Fruit Milk Choice	<p style="text-align: right;">25</p> (1)SLOPPY JOE or (2)HOT HAM AND CHEESE on a Whole Grain Bun Cole Slaw, Baked Beans Fruit, Rice Krispy Bar Milk Choice	<p style="text-align: right;">26</p> SHRIMP POPPERS ☺ with MACARONI & CHEESE w/Tartar Sauce & Cocktail Sauce, Steamed Carrots Fruit, Graham Cracker Snack Milk Choice	<p style="text-align: right;">27</p> TURKEY, BACON, CHEESE WRAP w/ Lettuce, Tomatoes, and Ranch Sauce Mixed Vegetables Oven Baked Potato, Fruit Milk Choice
<p style="text-align: right;">30</p> (1)MEAT or (2)CHEESE PIZZA California Blend Vegetables Fruit Pudding w/ Whip Topping Milk Choice	<p style="text-align: right;">31</p> SCHOOL MADE GRILLED CHEESE SANDWICH w/ Soup Cracker Dill Pickle Spear Peas, Fruit Milk Choice			

© =USDA Child Nutrition Label, (USDA Certified product meets Child Nutrition meal pattern requirements for lean protein &/or enriched grains) Program benefits and services are available to all children without regard to race, religion, color, sex, handicap, age or national origin. Free and reduced meal applications are available throughout the year in all schools or on the website at www.stfrancis.k12.mn.us.